مجلة الشرق الأوسط للنشر العلمي المجلد (٥) العدد (٤) الإصدار السابع عشر (٣٣-٥٨)



Female Arab teachers in Israel in an era of cultural change: Between commitment to family and commitment to work

Rodayna Kamal Badir

Doctor Al-Qasimi Academy inside the Palestinian territories



This work is licensed under a Creative Commons Attribution-NonCommercial 4.0 International License.

Published on: 20 Dec. 2022

Abstract

Processes ofopenness and individualization in Israeli Arab society enhance women's drive to fulfil their professional ambitions. conflicting with sustained traditional family values. The purpose of this study is to examine the importance Israeli Arab women teachers attribute to their roles at home and at work, the dual commitment conflict, and the contribution of spouses and employers to moderating or intensifying it. In this quantitative study, participants (546 women

teachers, married with children, aged 25-60) from various districts in Israel responded to questionnaires regarding (1) family-work conflict level, (2) indexes of functioning in both frameworks, and (3) husbands' and employers' support level. The findings indicate that participants' perception of family as central intensifies the familywork conflict. Spouses and employers contribute to moderating, alternatively, aggravating the conflict. support correlates Spouse citizenship behavior at work and reduction of withdrawal behaviors,

such as lateness and absenteeism. The study highlights the multi-variable complexity of Israeli Arab teachers' family-work conflict and the processes involved, contributing to research The study's knowledge. practical implications call for dialogue between spouses, concerning family/work needs and home role division, given working mothers' contribution to family economy and the positive effect of their spouses' support.

Keywords: Arab teachers, familywork conflict, citizenship behavior, withdrawal behavior, spouse support

* Introduction and theoretical background

* Cultural background

Arab society upholds values of solidarity, cooperation, commitment, mutual faith, support and deep feelings of belonging to the family, both nuclear and extended. This sense of faithful mutuality lies at the base of this collectivist society, whose norms are maintained by means of sanctions and pressures emanating from both the small group, that is, the nuclear family, and from the extended group. These norms include, others, among acquiescence to the supremacy of the patriarch in the family, and the understanding that power relations in

the family are by definition hierarchic (Abd El Majid & Cohen, 2015; Hamamura, 2012). Woman's inferior status in Arab traditional society is a characteristic of many societies in the Middle East (Arar & Abu-Rabia-Queder, 2011; Hamamura, 2012). From early childhood, she is required to work at home and in the field, and is married off at a young age. The considerations that determine match relate to the social status of the girl's family, the local customs, the kind of location, and materialistic and financial factors, from which the woman's own wishes are excluded. After her marriage, the woman remains attached to her father's family, and he and her brothers are considered her custodians. Moreover, although the inheritance daughter's rights are established in the Koran and entitle her to half of the son's inheritance, she usually has to relinquish her share. The Muslim law concerning the daughter's right to inherit is all but ignored in Arab society (Abd El Majid & Cohen, 2015; Abu-Kaf & Braun-Lewensohn, 2015). The daughter is deprived of her share in her father's inheritance to avoid family assets from spilling out, and her brothers usually compensate her with various gifts. Even when married, she has no independence. She is forbidden to be seen in the public realm and to approach strange men (Chatib & Isacowitz, 2012), and she has to toil throughout the day. The number of children she has largely determines her status: a large family is influential in traditional society and is of a considerable advantage owing to the superior work power (Galili & Feuerstein, 2009; Osezki-Lazar, 2005).

In recent decades, Israeli Arab society undergoes demographic, cultural, ideological and social change. Processes of urbanization lead to reduction in agricultural occupation, and at the same time, along economic changes, the need for an additional provider in the family rises. These processes contribute to an increase in women's employment in Arab society (Jabareen, 2015; Sidani, 2005). Arabs living side by side with Jewish population in Israel are exposed to modern, democratic and liberal ways of living, which raises their awareness of the possibility of different social arrangements that have more gender equality. In addition, young Israeli Arabs have higher education than in the past, which is higher than that of some Arab countries at present, and

their level of education keeps rising (Arar & Rigbi, 2009).

These changes accelerate processes of modernization and the shaking away of the manacles of tradition among members of the young generation. This is evident in the decrease in the power of the extended family and the increase in autonomy of the nuclear family to determine its goals and ways of life (Daud. 2002; Kenaana. 2005). Transformations are manifest in the rises in standard of living and demands for more freedom in choosing one's occupation, birth control and increase in individual economic wellbeing, especially due to the shift to commerce (Himaisi, 2012; Zoabi et al., 2015). These transformations accompanied by an evolution of career pattern behaviors among women, who yet keep fulfilling their traditional roles. Gradually, Arab society begin to perceive women working out of their homes as an accepted and appropriate (Feldman et al., 2001). norm Occupation out of their homes empowers working mothers in Arab society, allowing them to utilize their education and expand family incomes, and is growingly perceived as an important instrument of social mobility

of the nuclear and extended family and as a means for redefining women's collectivist and individualistic goals (Feldman et al., 2001).

Owing to these changes, along acceptance of cultural traditional limitations. Arab women usually choose to work near their homes, in the local public sector or in white-collar professions, as nurses, teachers and social workers (Arar & Abu-Rabia-Oueder, 2011). The teaching profession offers Arab women a change in their status in addition to an opportunity to make the most of their education, and allows them and their families a higher degree of social mobility and career development (Shapira, 2006).

The career trend brings about a sense of overload and stress, feelings that threaten women's ability to efficiently direct resources to all their commitments (Cinamon, 2009; Cinamon et al., 2016). Arab women of career are in conflict between work requirements and those of home and family (Segal, 2007).

* Family-work conflict

Family-work conflict occurs when an individual is required to perform parallelly a number of roles at home and at work that are contradictory. The dual commitment to family and work requires time and energy (Duxbury et al., 2008). The conflict might be two-sided, between work and the family, or between the family and work. According to this view, work-family conflict rises when factors related to work interfere with family life (WIF: work interference with family). On the other hand, family-work conflict rises when factors relating to family life interfere with work (FIW: family interference with work) (Amstad et al., 2011; Chen et al., 2009).

Research presents conflicting findings concerning the issue of the family-work conflict that Arab women experience. Thus, for example, it has been found that the Arab woman commitment to her family does not necessarily produce a high level of stress owing to work-family conflict (Heilbrunn & Davidovitch, 2011; Yang et al., 2000). Cinnamon (2009) points out that in collectivist cultures, women report lower levels of workfamily conflict in comparison with women in individualistic cultures. She explains that the low level of workfamily conflict in collectivist cultures derives from the high importance these women attribute to both their roles in the family and their commitment to the household (Cinamon, 2009). Another study offers an additional explanation for the low work-family conflict level. This relates to the fact that more than half of the businesses in Arab society are family businesses in the hands of women. Within this framework women get more help both from their nuclear and from their extended family (Heilbrunn & Davidovitch, 2011; Barnett et al., 2005).

* Functioning at work

Due to the contribution of employees to success or failure in organizational attaining goals, organizations tend to invest much in employees' professional development (Hameed & Waheed, 2011). As early as 1958, Hughes (1958) offered a framework for measuring success at work, which included objective and subjective parameters. By his definition, objective given parameters are to direct examination and verification, while subjective success parameters, such as role satisfaction, for example, are experienced by the worker herself or himself (Heslin, 2005). In the spirit of this classification, extensive research has examined work and career success from a subjective aspect. Subjective

parameters include the level flexibility and independence at work, professional development in workplace, perception of rewards and compensations awarded to employees (Rodrigues et al., 2015), organizationrelated factors such as superioremployee relationship that predict promotion, salary advancement options (Wayne et al., 1999), and employer's support of employee's professional development (Maurer & Chapman, 2013). These parameters comprise the concepts of boundaryless career, defined in the research as a career that does not depend traditional arrangement the organization, and therefore enables a large measure of independence and flexibility (Poon et al., 2015). Research employees' functioning of in workplaces, among them the system of focuses education. workers' on organizational behavior, defining two kinds of organizational behavior: organizational citizenship behavior (OCB), and organizational misbehavior (OMB).

* Organizational citizenship behavior

An employee whose work experience is positive might volunteer to invest in his work beyond what is expected of him by definition. This kind ofbehavior is termed organizational citizenship behavior (OCB), and is defined as a series of positive and efficient actions initiated and performed by the worker not by the of a formal obligation contract commitment demanded by employer (Tepper & Taylor, 2003; DiPaola & Tschannen-Moran, 2014).

Organizational citizenship behavior is contributory both to the worker and to the organization. It improves a wide range of personal functions, strengthening social interrelations within the organization (Day & Carroll, 2004), and is beneficial for successful performance work that leads to salary improvement or reward for improved outcomes (Allen et al.. 2006). Organizational citizenship behavior is highly important in the field of teaching, since the educational framework is based on teamwork and on moral and emotional commitment to developing people, and on large measures of caring and empathy (Jimmieson et al., 2010; Oplatka, 2012). Moreover, an additional study indicates that in educational organizations it is highly important to foster motivation for organizational citizenship behavior among

employees, as it might help them fulfil their basic obligations and promote the organization towards attaining its goals (Bolino et al., 2010).

* Organizational misbehavior

Organizational misbehavior (OMB) that includes withdrawal behavior is an index of negative aspects of workers' functioning that can harm the organization and its workers (Rotundo & Spector, 2010; Shapira-Lishchinsky & Rosenblatt, 2009). By definition, organizational misbehavior refers to "any intentional, conscious action of a member in an organization that frustrates expectations and shared organizational norms and/or social values, customs and accepted norms of behavior" (Herzog, 2000, p.42). Such behaviors include lateness, absenteeism, tendency to leave the organization, ofconsideration lack for the organization or colleagues, intentional waste of resources, unwillingness to cooperate, and deliberate damage (Rotundo & Spector, 2010; Shapira-Lishchinsky & Rosenblatt, 2009).

In summary, Arab society is characterized by collision between traditional values, according to which women are required to be highly committed to the family, and constant spilling in of modernity and equality urging career promotion and work out of the home. This collision between the dual commitments – to work and to the family – causes an overload and a conflict between work demands and those raised by the family (Babkoff-Kimchi, 2004; Segal, 2007).

Although previous studies have examined the family-work conflict from collectivist among women societies, who try to fulfil themselves through career behavior, no study has yet investigated this behavior and its ramifications in Israeli Arab society, which is undergoing significant cultural transformations. The current study examined the ways by which Arab teachers who were mothers coped with their conflicting roles at work and at home, and the importance they attributed to the two commitments. In addition, the study focused on systematic aspects, such the contribution of spouses' and the employers' support to moderating the strengthening conflict, to organizational citizenship behaviors reducing and organizational misbehaviors among these teachers.

* Research method

* Sample description

The research sample comprised of 546 female teachers in Israeli Arab high schools of the Haifa, North, South, Jerusalem and the Center districts. The participants' age range was 25-60, and the main criterion for choosing the study participants was their being mothers of young children. The average number of children was 2.49. the average appointment percentage was 90.5. The sample district division by percentage was as following: the North district 35%, the Haifa district 25%, the center 25%, Tel Aviv 2%, Jerusalem district 3% and the South district 10%. Thus, the sample represents teachers from different areas in the country. The low percentage of teachers from the Tell Aviv district derives from the low numbers of Arab teachers in this district.

It should be specified that in the state of Israel there are two systems of education anchored by law and parallel in conditions, an Arab system and a Jewish one. The existence of the two systems is a realistic necessity, given the unique culture and language of each of these societies. Each of the systems includes elementary schools, junior high schools and high schools.

Sometimes, junior high- and high school are under the same roof, and called comprehensive schools. In both systems, the majority of the workers are women.

* Research tools

Commitment to family and functioning in the family were examined by means of three questionnaires, as specifies below.

The Life Role Salience Scale questionnaire examines the level of importance women attribute to life roles. In the current study, we used the Hebrew version, developed by Cinamon (2000).The study participants graded their answers on a five-grade Likert scale – the higher the grade, the higher the importance attributed to the role. The inner validity found in Cinamon's study (2002) ranged between α =0.72 and α =0.86 for the various items, and in the current study the inner validity was α =0.83.

Work-Family Conflict Scale questionnaire (Gutek, 1991) examines the level of the two sides of the dual conflict, family-work and work-family conflict in women. In the current study, we used the Hebrew version developed by Cinamon (2000). The study participants graded their answers on a five-grade Likert scale – the higher the

grade, the higher the level of conflict. The inner validity found in Cinamon's study (2002) ranged between α =0.78 and α =0.81 respectively, and in the current study the inner validity was high as well – α =0.88.

Support flexibility and questionnaire (Cinamon, 2000; Loerch et al., 1989) examines the level of support the participants have received and the level of flexibility they have in their work. The study participants were requested to grade their answers on a five-grade Likert scale – the higher the grade, the higher the level of support as they perceive it. The inner validity found in Cinamon's study (2002) ranged between α =0.77 and α =0.87 for the various items, and in the current study the inner validity was good as well – α =0.84.

Functioning at work was examined means offour by questionnaires. In the Organizational Misbehavior questionnaire (Vardi & Weitz, 2004), the participants were asked to what extent a statement characterized their behavior on a fivegrade Likert scale - the higher the grade the higher the frequency of the organizational misbehavior. The inner validity of the original questionnaire was high: α =0.84. In the current study as well, the inner validity found was high: α =0.94.

In the **Organizational** Citizenship Behavior questionnaire (Somech & Drach-Zahavy, 2000), the participants were asked to what extent characterized statement behavior on a five-grade Likert scale – the higher the grade the higher the organizational frequency of the citizenship behavior. The inner validity of the original questionnaire was high: α =0.90. In the current study as well, the inner validity found was high: α =0.90.

The **Absenteeism questionnaire** (Shapira-Lishchinsky & Rosenblatt, 2009), asked the participants to mark the number of days on which they were absent from school in the 3 months before completing the questionnaire (except for birth leave, vacations and strikes). This questionnaire showed a high inner validity in the current study: α =0.85.

Lateness (Shapira-Lishchinsky, 2007) is defined as arriving to class 6 minutes or more after the class appointed time. The participants were asked to mark the number of days on which they arrived late to work in each of the 3 months before completing the questionnaires. The questionnaire's inner validity was high: α =0.90.

Personal data questionnaire was developed by the researcher for this study to examine the background variables of the research participants. The data examined included marital situation, age, school type (state, non-vocational, etc.), years of work experience, number of weekly work hours, age of children a home, and teaching for Bagrut exams.

* Research procedure

Data gathering began with an application to the chief scientist in the Ministry of Education for a formal license to hand out the questionnaires to high school teachers in the Arab sector. The questionnaire was handed to the teachers of the schools that gave their consent to participate in the study, with an attached letter of explanation. The teachers completed the questionnaires on their own in their free time with no time limit.

* Ethics

Prior to conducting the research, we received confirmation from the chief scientist as well as the consent of the schools' principals. The purpose of the research was explained to the research participants, and they were reassured that the questionnaires were anonymous, their data would be under

discretion, and participation in the study is on a voluntary basis.

* Findings

To examine the association between the importance that Arab teachers-mothers attribute to family and work roles and their spouses' and employers' support, and indexes of organizational citizenship behavior organizational and misbehavior. well as their as contribution to the intensification of the conflict, we checked associations operative variables between all ofthe research measure components.

* Descriptive findings of research variables

Table 1: averages and standard deviations
Table 2 presents associations between
the importance attributed to work roles,
the importance attributed to family
roles, the extent of support provided by
spouses and employers, indexes of
functioning at work and the intensity of
the two kinds of conflict – family-work
and work-family conflict.

Table 2: Pearson correlations between indexes of functioning at work and functioning at home (N-546)

*p<.05. **p<.01. ***p<.001.

Significant negative associations were found between

attributing importance to family roles and attributing importance to work and the three indexes roles withdrawal behaviors: lateness. absenteeism and organizational misbehavior. In addition, significant positive correlation was found between the importance attributed to work roles organizational citizenship and behavior. Moreover, the findings indicate that among teachers who attribute high importance to family roles, the family-work conflict is of a higher level of intensity.

The findings consistently indicate a significant positive effect of the support participants received from colleagues and employers at school, as well as the support they receive from the spouse at home, and a significant negative effect on the three indexes of withdrawal behaviors: organizational misbehavior, lateness and absenteeism. The data indicates that the support the participants have received from work and family moderates the intensity of the two kinds of conflict: the workfamily conflict and the family-work conflict (see Table 2).

For a comprehensive and integrative view of the associations between the independent variables, the dependent ones and the mediating

ones, an investigation was conducted by means of Structural Equation Modeling. The investigation includes variables positioned hierarchically: attributing importance to home and to work as perceived by the teacher, and the support the teacher receives from her spouse and her superiors at work. The two kinds of conflict, family-work and work-family conflicts are included further. Eventually, the chart delineates the functional outcomes of the mother and teacher at her work. The finding is delineated in **Chart 1.**

The goodness of fit of the structural equation model is high and meets the accepted requirements (TLI=.929, CFI=.945). The explained variance rates in each equation in the model, except for the work-family conflict, are higher than 10% and significant.

The rectangular forms represent variables directly measured in the questionnaires: observed variables, or manifested variables. The elliptical forms represent latent variables, composed of a number of relevant questionnaire items.

The model presents a wide, complex system of associations. Thus, for example, the three indexes of withdrawal behaviors were found as

having direct negative associations to attributing importance to work roles and positive associations to familywork conflict. In addition, positive associations were found between the attributed importance work functioning and organizational citizenship behavior. However, the support teachers receive from their spouses does not reduce the frequency of withdrawal behaviors at work, as compared to the support they receive in the workplace that is associated with reduction in the frequency organizational misbehavior (Beta= -.27 p<.001), and rise in the frequency of organizational citizenship behavior (Beta= .26, p<.001).

To complete the data, we conducted a calculation of the direct and indirect associations in the model, as presented on **Table 3**.

Table 3: Indirect effects in the model of structural equations

An examination of the indirect associations that completes the picture of direct associations found a full, significant indirect association between attributing importance to family roles and withdrawal behaviors, by mediation of the family-work conflict (Indirect=.05, p<.05). It also found a partial indirect association

between attributing importance to family roles and lateness, through the family-work conflict (Indirect=.03, p<.05). Regarding attributing family importance to roles absenteeism through the family-work conflict, the higher the attribution of importance, the higher the intensity of the family-work conflict and the higher frequency of absenteeism the (Indirect=.05, p<.05) (see **Table 3**).

* Discussion

The Arab teachers' attitudes towards their dual commitment, to family and to work, the intensity of the conflict they experience and the effect of these factors on their level of functioning at work were examined by means of a multiple variable model. The variables include the level of importance attributed to family and work roles and its contribution to functioning in both realms, the familywork conflict and the work-family conflict. The level of functioning at examined based work was organizational citizenship behavior and withdrawal behaviors. Factors moderating and aggravating conflict were examined as well, including the level of support given by the spouse to his wife (the teacher), and

the support from her superiors and colleagues at work.

findings indicate The that attributing high importance to the work role raises the level of organizational citizenship behavior and reduces the frequency of withdrawal behaviors. In addition, mediating associations were found between the importance attributed family roles to and withdrawal behaviors through the family work conflict. Thus, the innovation of this study lies in the discussion of the issue of stress and overload at work and the crossover effect on the family, among Arab teachers and mothers. This population is characterized as having long workdays at school, in addition to necessarily investing much time for their schoolwork at home, preparing classes, checking assignments and maintaining availability for the parents, the principal etc. Therefore, findings indicating that in spite of their commitment to both realms, family and work, and the need to divide their time between work and their family the teachers demonstrate high levels of functioning at work, add another layer to the volume of knowledge about this issue. In other words, despite the teacher's perpetual commitment to her

family and the conflict between her work and family commitments deriving from attributing importance to both realms, she demonstrates high levels of importance attributed to work, increase of organizational citizenship behavior and low frequency of the three indexes of withdrawal behaviors, i.e., organizational misbehavior, lateness and absenteeism.

Apparently, as previous research indicates, teachers and mothers succeed in maintaining clear boarder lines between work and family, and therefore, overload in one realm does not harm the other (Ashforth et al., 2000; Qadach et al., 2020; Da'as et al., 2019; Pleck, 1977). Moreover, developmental processes among women in Israeli Arab society promote ambitions their while career maintaining their total commitments to the family and its traditional values (Katana, 2007). The findings lead to the conclusion that these processes are enhanced by the functional separation of the family realm and the work realm. This separation is conceived efficient for both spheres, as it enables the teachers to avoid work distraction in the family unit, and it can be explained by the intensity of family and social relationships in Arab society, in spite of its exposure to the more liberal Jewish society.

The traditional expectation from women in Arab society is that they give up professional promotion to avoid shaking the patriarchal social structure, and behave according to the accepted norms (Addi-Raccah, 2006; Osazky-Lazar, 2005). The current research findings show that the mediating factor, that is, the bi-directional conflict, family-work and work-family conflict, is highly affected by the level of importance the woman attributes to her roles, both at home and at work. A high intensity of the bi-directional conflict leads to an increase in the three indexed of withdrawal behaviors at work. The fact that most of the teachers do not characteristically demonstrate withdrawal behaviors and succeed at their work might point to a way for normalizing and accepting the phenomenon of working women among many circles in Arab society. In this respect, apparently, a sense of challenge and opportunity that requires teachers to demonstrate abilities and skillfulness in coping successfully with work demands contribute to their professional and personal satisfaction, and might serve as the engine for confronting and overcoming conflicts

of varying intensities (Oplatka, 2015). The courage to dare and cross the family confinement positions teacher and mother under a magnifying glass in a society that looks into her performance closely. In practice, she is required to balance wisely commitment to her work and to her in order fulfil family to the expectations deriving from her teaching role, reduce her withdrawal behaviors and increase her organizational citizenship behavior.

Despite tradition, working women feel they can reduce some of their commitments to their family and be helped by family members in taking care of the household (Arar & Rigbi, 2009). Owing to the husband's central position in the Arab family nucleus, the extent of support on his side of his wife's work and her commitment to it has significant implications on her ability to act and keep her position (Barnett et al., 2005). The research findings point to the importance of the support the teacher receives from her spouse as well as form her employer, conflict she moderating the subjected to, followed by a rise in the indexes of her functioning at work.

Discussion of this issue calls attention to new values that children of

these working mothers are exposed to, such as higher equality of opportunity in the family unit, which calls for a dialogue between men and women and more cooperation between them. Family dialogue and cooperation might tensions reduce concerning obligation to take care of the children and educate them, as Segal describes (2007). Preventing such tensions might reduce the number of situations in which teachers would prefer to be absent from work in order to cope with society's expectations from them as wives and mothers. Nevertheless, the very characteristic of Arab society as a collectivist and patriarchal society equips the teachers and mothers with abilities to contain and sustain changes and pressure, as compared to women of individualistic cultures (Cinamon, In Arab society, 2009). women undergo socialization processes that teach them to take more responsibility for their household than their spouse, and in their conception, responsibility includes providing for the family's livelihood. This is in line with studies showing that Arab women receive help form the extended family regarding child rearing, and that this help enables them take to responsibilities at work and contributes to reduce the conflict between work and the family (Heilbrunn & Davidovitch, 2011).

It might be still early to develop expectations regarding the processes that accelerate woman empowerment in Arab society, processes that involve a rise in women's important share in the family economy and in their position in decision making as well. That is to say, although the system of values currently developing in Arab society is more democratic and more liberal, studies show that in cases of conflict between work and the family, women tend to prioritize the family needs (Reif, 2012). Therefore, similarly to other studies' findings, a high level of conflict between work demands and family life predicts organizational misbehavior in the workplace (Hershcovis et al., 2007).

Furthermore, women's roles take deep meanings in the systematic context discussed here. Thus, for example, women's participation in expanding their family income will improve the economic situation of their families and help them gradually escape from conditions of economic distress, with all their characteristics. Moreover, the current study suggests the potential for developing a

theoretical framework delineating the interrelations between the commitment of the Israeli Arab teacher to her work and her functioning within the family This framework takes into consideration the religious, tradition value complexity and that characterizes Arab society in Israel, rise in teachers' the requirements in the implementation of educational reforms that aggravate the teachers' role overload and the levels of stress they experience.

The findings of the current study are relevant to a field of occupation characterized by a female employee majority, such as the teaching profession. It seems, therefore, that in this field, employers understand the teachers' family needs and are aware of the conflict potential. Therefore, they support the teachers, and this support contributes to a higher level of functioning at work, and benefits the organization and its goals as well. Further research is recommended to examine whether this tendency of employers to be supportive and considerate exists in achievement professions where there is no female majority. The research findings of this study do not enable conclusions regarding other kinds of workplace.

The collision of modern values equality and liberalism traditional patriarchal values in Arab society contributes to the conflict that Arab women experience, in spite of the growing support they receive from their spouses and their superiors at work. Therefore, further research should investigate the gender issue from the male point of view as well. It should look into the stress the teachers' spouses, who share the processes of change in the family, experience. Research should examine reactions to these changes, and the effect they have on their attitude towards their wives. In addition, the children's point of view should be looked into, as well as that of other relevant factors in the extended family.

Israeli Arab society lives side by side with the liberal Jewish society, whose values cross over to Arab accelerate society and the transformations occurring in it. Comparative research on teachers with families in the two societies would shed light on the origins of the conflict teachers in both societies experience, and its effect on their functioning at home and at work, in light of the pressures they are given to.

* References

Abd El Majid, E., & Cohen, A. (2015).

The role of values and leadership style in developing OCB among Arab teachers in Israel. Leadership & Organization Development Journal, 36(3), 308-327.

http://doi.org/10.1108/LODJ-06-2013-0077

Abu-Kaf, S., & Braun-Lewensohn, O. (2015). Paths to depression among two different cultural contexts: Comparing Bedouin Arab and Jewish students. *Journal of Cross-Cultural Psychology*, 46(4), 612-630. http://doi.org/10.1177/002202 2115575738

Addi-Raccah, A. (2006). Accessing internal leadership positions at school: Testing the similarity—attraction approach regarding gender in three educational systems in Israel. *Educational Administration Quarterly*, 42(3), 323-291. http://doi.org/10.1177/001316
1X05284042

Allen, T. D., Lentz, E., & Day, R. (2006). Career success outcomes associated with mentoring others: A

- comparison of mentors and nonmentors. *Journal of Career Development*, 32(3), 272-285.
- Amstad, F. T., Meier, L. L., Fasel, U., Elfering, A., & Semmer, N. K. (2011). A meta-analysis of conflict work-family and various outcomes with special emphasis on crossdomain versus matchingdomain relations. Journal of **Occupational** Health Psychology, 16, 151-169. http://doi.org/10.1037/a00221 70.
- Arar, K. H., & Abu-Rabia-Queder, S. (2011). Turning points in the lives of two pioneer Arab women principals in Israel. *Gender and Education*, 23, 415-429. http://doi.org/10.1080/095402 53.2010.499853.
- Arar, K. H., & Rigbi, A. (2009). 'To participate or not to participate?' Status and perception of physical education among Muslim Arab-Israeli secondary school pupils. Sport, Education and Society, 14. 183-202. http://doi.org/10.1080/135733 20902809088

- Ashforth, B. E., Kreiner, G. E., & Fugate, M. (2000). All in a day's work: Boundaries and micro role transitions. *The Academy of Management Review*, 25, 472-491.
- Babkoff-Kimhi, T. (2004).

 Motherhood in the hi-tec era:

 The effect of cultural differences on combining work and family life. Master thesis,

 Tel Aviv University.
- Barnett, R. C., Steptoe, A., & Gareis, K. K. C. (2005). Marital-role quality and stress-related psychobiological indicators. *Annals of Behavioral Medicine*, 30, 36-43. http://doi.org/10.1207/s153247 96abm3001
- Bolino, M. C., Turnley, W. H., Gilstrap, J. B., & Suazo, M. M. (2010). Citizenship under pressure: What's a "good soldier" to do? *Journal of Organizational Behavior*, 31, 835-855.
- http://doi.org/10.1002/job.635 Chatib, M., & Isacowitz, R. (2012). Intimate relationships, couples and marriage among young Arabs in Israel. *Mifgash*:

- Journal of Social-Educational Work, 35, 201-226.
- Chen, Z., Powell, G. N., & Greenhaus, J. H. (2009). Work-to-family conflict, positive spillover, and boundary management: A person-environment fit approach. *Journal of Vocational Behavior*, 74, 82-93.

 http://doi.org/10.1016/j.jvb.20
 08.10.009
- Cinnamon, G. (2000). Attributing different levels of importance to life roles and its implications on the home-career conflict among men and women.

 Doctoral Dissertation. Bar Ilan University.
- Cinamon, R. G. (2009). Role salience, social support, and workfamily conflict among Jewish and Arab female teachers in Israel. *Journal of Career Development*, 36, 139-158. http://doi.org/10.1177/089484 5309345849
- Cinamon, R. G., Habayib, H., & Ziv, M. (2016). The conception of work and higher education among Israeli Arab women.

 International Journal of

- Educational Research, 76, 129-140. http://doi.org/10.1016/j.ijer.20 15.04.004
- Da'as, R., Schechter, C., & Qadach, M. (2019).Principal From Complexity Cognitive Teacher Intent to Leave: Exploring the Mediating Role of School Absorptive Capacity Teacher and Commitment. Journal of **Educational** Administration, 58(2), 227-245.
- Daud, N. (2002). Employment of women in Arab society.

 http://www.la-briut.org.il/article/?id=f0959b3
 3a0563406ee529a75d8b7e09f
- Day, A. L., & Carroll, S. A. (2004). Using an ability-based measure of emotional intelligence to individual predict performance, group performance, and group citizenship behaviours. Personality and Individual Differences, 36, 1443-1458. http://doi.org/10.1016/S0191-8869(03)00240-X
- DiPaola, M., & Tschannen-Moran, M. (2014). Organizational

citizenship behavior in schools and its relationship to school climate. *Journal of School Leadership*, 11(5), 424-447.

Duxbury, L., Lyons, S., & Higgins, C. (2008). Too much to do and not enough time: An examination of role overload. In K. Korabik, D. S. Lero, & D. L. Whitehead (Eds.). Handbook of work-family integration: Research, theory and best practices (pp. 125-140). Academic Press.

Feldman, R., Masalha, S., & Nadam, R. (2001). Cultural perspective on work and family: Dualearner Israeli Jewish and Arab families at the transition to parenthood. *Journal of Family Psychology*, 15, 492-509.

http://doi.org/10.1037/0893-3200.15.3.49

Gutek, B. A., Searle, S., & Klepa, L. (1991). Rational versus gender role expectations for workfamily conflict. *Journal of Applied Psychology*, 76, 560-568.

Hamamura, T. (2012). Are cultures becoming individualistic? A cross-temporal comparison of individualism-collectivism in

the United States and Japan. *Personality and Social Psychology Review, 16*, 3-24. http://doi.org/10.1177/108886 8311411587

Hameed, A., & Waheed, A. (2011). Employee development and its effect on employee performance: A conceptual framework. *International Journal of Business and Social Science*, 2(13), 224-229.

Heilbrunn, S., & Davidovitch, L. (2011). Juggling family and business: Work-family conflict of women entrepreneurs in Israel. *Journal of Entrepreneurship*, 20, 127-141.

http://doi.org/10.1177/097135 571002000106

Hershcovis, M. S., Turner, N., Barling, J., Arnold, K. A., Dupré, K. E., Inness, M., LeBlanc, M. M., Sivanathan, N. (2007). Predicting workplace aggression: A meta-analysis. *Journal of Applied Psychology,* 92, 228-238. http://doi.org/1037/0021-9010.92.1.228

- Herzog, H. (Ed.) (2000). Reflection of a society: In memory of Jonathan Shapiro. Ramot.
- Heslin, P. A. (2005). Conceptualizing and evaluating career success.

 Journal of Organizational Behavior, 26, 113-136. doi:10.1002/job.270
- Himaisi, R. (2012). The transformation from rural to urban among Arab settlements in Israel. *Horizons in Geography*, 81/82, 122-142.
- Hughes, E. C. (1958). *Men and their work*. Free Press.
- Jabareen, Y. (2015). Reducing poverty among Arab and Muslim women: The case of Arab women in Israel. *Journal of International Women's Studies,* 16(3), 117-136. http://vc.bridgew.edu/cgi/view_content.cgi?article=1818&context=jiws
- Jimmieson, N. L., Hannam, R. L., & Yeo, G. B. (2010). Teacher organizational citizenship behaviours and job efficacy: Implications for student quality of school life. *British Journal of Psychology*, 101, 453-479. http://doi.org/10.1348/000712 609X470572

- Kanaaneh, Y. (2005). Continuity and innovation in the Arab village in Israel: Between tribal and academic culture. Master thesis, Tel Aviv University.
- Kark, R., Galilee, E., & Feuerstein, T. (2009) Independence and entrepreneurship among Arab Muslim rural and Bedouin women in Israel. Floersheimer Studies, Hebrew University.
- Katana, I. (Ed.) (2007). Employment of Arab women in Israeli economy: Background, obstacles and solutions. *The Abraham Fund Initiatives*.

http://reutinstitute.org/he/Publication.asp x?PublicationId=3471

- Loerch, K. J., Russell, J. E. A., & Rush, M. C. (1989). The relationships among family domain variables and work-family conflict for men and women.

 Journal of Vocational Behavior, 34, 288-308.
- Maurer, T. J., & Chapman, E. F. (2013). Ten years of career success in relation to individual and situational variables from the employee development literature. *Journal of Vocational Behavior*, 83, 450-

- 465.
- http://doi.org/10.1016/j.jvb.20 13.07.002
- Oplatka, I. (2012). Overload in the teacher's work: Interpretation, causes, effects and plans for action. Research report. Tel Aviv University.
- Oplatka, I. (2015). The essentials of educational administration:

 Leadership and management in the educational organization
 (3rd Ed.). Pardes.
- Osazki-Lazar, S. (2005). "Not like my mother": Women empowering themselves the case of Kafar Karaa. Shasha Center for Strategic Research.
- Pleck, J. H. (1977). The work-family role system. □ *Social Problems*, 24, 417-427. http://doi.org/10.2307/800135
- Poon, J. M., Briscoe, J. P., Abdul-Ghani, R., & Jones, E. A. (2015).Meaning and determinants of career success: Malaysian perspective. Revista de Psicología del Trabajo ν de las Organizaciones, 31. 21-29. http://doi.org/10.1016/j.rpto.20 15.02.002

- Qadach, M., Schechter, C., & Da'as, R.
 A. (2020). Instructional leadership and teachers' intent to leave: The mediating role of collective teacher efficacy and shared vision. *Educational Management Administration & Leadership*, 48(4), 617-634.
- Rif, A. (2012). "Women can have it all": Success stories in integrating work and family among women of high positions in state service Master thesis. Hebrew University.
- Rodrigues, R., Guest, D., Oliveira, T., & Alfes, K. (2015). Who benefits from independent careers? Employees, organizations, or both? *Journal of Vocational Behavior*, 91, 23-34.
- Rotundo, N., & Spector, P.E. (2010).

 Counterproductive work
 behavior and withdrawal. In J.
 L. Farr, & N. T. Tippens (Eds.),
 Handbook of employee
 selection: Perspectives, issues,
 research and practice (pp. 489511). Edward Elgar Publishing.
- Segal. K. (2007). Women's accessibility to egalitarian citizenship, formation of identity and coping with social

- expectations in an intercultural situation *Shasha Center for Strategic research*.
- Shapira, T. (2006). Barring and empowerment in the educational and public realm:

 Women in the Arab system of education in Israel. Doctoral dissertation. Haifa University.
- Sidani, Y. (2005). Women, work, and Islam in Arab societies. *Women in Management Review, 20*, 498-512. http://doi.org/10.1108/096494

20510624738

- Shapira-Lishchinsky, O. (2007). Israeli teachers' perception of lateness: A gender comparison. *Sex Roles*, 57, 187-199.
- http://doi.org/10.1007/s11199-007-9246-9
- Shapira-Lishchinsky, O., & Rosenblatt, Z. (2009).

 Perceptions of organizational ethics as predictors of work absence: A test of alternative absence measures. *Journal of Business Ethics*, 88, 717-734.

http://doi.org/10.1007/s10551-008-9977-8

- Somech, A. & Drach-Zahavy, A. (2000). Understanding extrarole behavior in schools: The relationships between job satisfaction, sense of efficacy, and teachers' extra-role behavior. *Teaching* and *Teacher Education*, 16, 649-659.
 - http://doi.org/10.1016/S0742-051X(00)00012-3
- Tepper, B. J., & Taylor, E. C. (2003).

 Relationships among supervisors' and subordinates' procedural justice perceptions and organizational citizenship behaviors. *Academy of Management Journal*, 46, 97-105.
- Vardi, Y., & Weitz, E. (2004).

 Misbehavior in organizations:

 Theory, research and management.

 Erlbaum Associates,
 Publishers.
- Wayne, S. J., Liden, R. C., Kraimer, M. L., & Graf, I. K. (1999). The role of human capital, motivation and supervisor sponsorship in predicting career success. Journal of Organizational Behavior, 20, 577-595.

- http://doi.org/10.1002/(SICI)1099-1379(199909)20:5<577::AID-JOB958>3.0.CO;2-0
- Wu, L. Z., Kwong, H. K., Liu, J., & Resick, C. J. (2012). Work-to-family spillover effects of abusive supervision. *Journal of Managerial Psychology*, 27, 714-731. http://doi.org/10.1108/026839

41211259539

- Yang, N., Chen, C. C., Choi, J., & Zou, Y. (2000). Sources of workfamily conflict: A Sino-US comparison of the effects of work and family demands. Academy of Management Journal, 43, 113-123.
- Zoabi, H., Awad, Y., & Aburukun, S. (2015). Motives behind career changes among
- Arab students in Israel. *Jama'a*, 19 (1), 121-156.
- http://www.qsm.ac.il/mrakez/asdarat/j amiea/19_1/hebrew-khawlah-zo3bi.pdf